



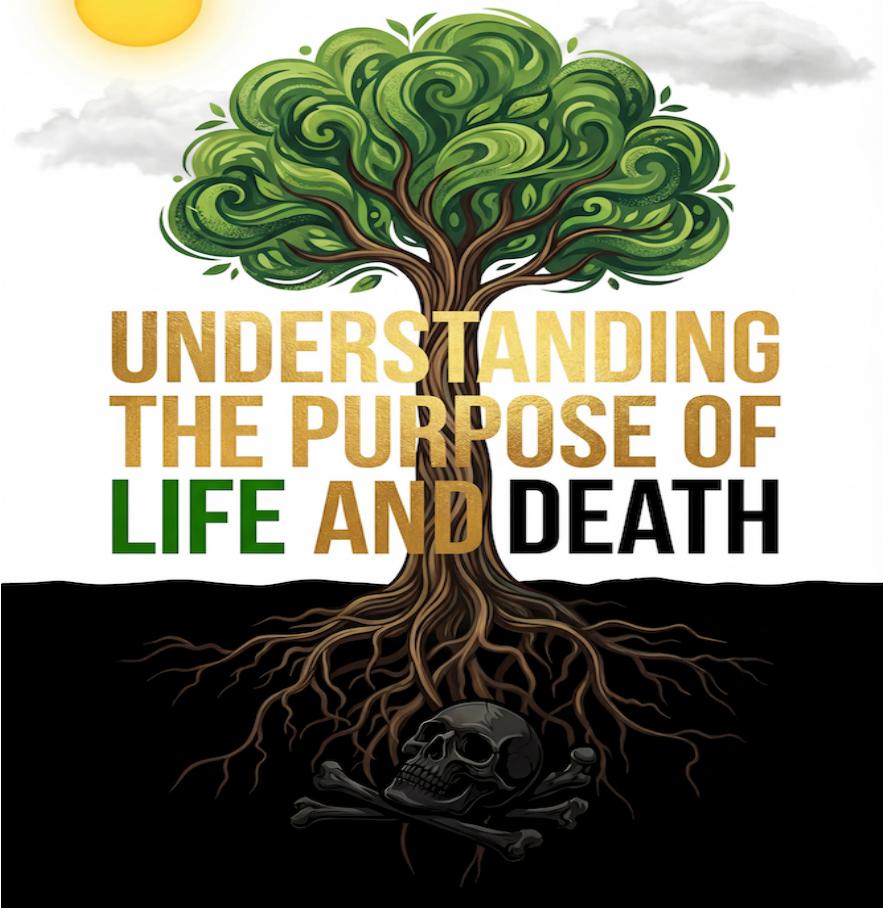
ADU MENSAH



UNDERSTANDING THE PURPOSE OF LIFE AND DEATH



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INTRODUCTION

The true glory and significance of life has eluded most people because they think they are born just to make a living and then die. The “eat and drink and be merry, for tomorrow we may die” philosophy is so common in our world.

Today, we place great value upon things that do not matter much, but treat as insignificant, the important things of life. Majority of people spend so much time accumulating material things which would be left behind. The Holy Scripture states clearly that:

1TIMOTHY 6:7

We brought nothing into this world, and it is certain we can carry nothing out.

This statement is the key to spiritual growth. There are millions of people in the world today, who spend so much time nourishing the Body which will decay one day, than the Spirit, which lives forever.

It is good to ride a good car, have a fat bank account, build a nice house, possess material goods, own acres of land and so on, but, opulence is not the most important thing in life. The supreme purpose of life is, and should be to fulfil God’s purpose, not our purpose. His will, interests, and concerns should be the focal point of our lives. It is also essential we learn and understand the true definition and process of death.

Death is the cessation of life in the body and not the end of life as we know it. The life of God is indestructible, boundless and eternal. In the flesh, we live for some time, but not in the spirit. Our life here on earth is the preparatory period for our eternal (spiritual) existence. In other words, what we do while on earth will determine whether we are spending our spiritual existence hereafter in heaven or hell. The book you are holding is worth reading. This may be your greatest opportunity to learn about life and

death. If you read it with an open mind, you will gain a lot of benefits. I love you!

THE ESSENCE OF LIFE

John 10:10

The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly.

The pages of history are filled with accounts of violence, hatred, murder and all manner of negative influences of life, simply because, the majority of people have no conception what life is all about. It is vital we understand the qualities that make life to be what it is. Life, to the average person, consists of birth, eating, drinking, sleeping, education, business, marriage, pleasure and fighting, just to name a few. Put together, all these are not what life really is, but constitute a small part of life.

It was not our choice that we should be created at a time like this. It was God's own decision. In the same sense, God did not give us life just to eat and drink and so on; rather He gave us life, because He wanted us to carry out an assignment for Him here on earth. So, if we are accomplishing our goals without accomplishing the set goals of God for us, we have not started life. It does God, creation and humanity no good if all God has deposited in us remain unexplored and unexploited.

Life is not given merely for personal fulfilment, but for us to serve God, honour Him and centre our desire on Him.

Someone once asked me, "How do I know the purpose of God for my life?" Apparently, God always has a way of revealing our purpose on earth to us, if we desire to know. There is something that is written about us in the Word of God, and it is our responsibility to discover it. Purpose is not decided, it is discovered.

PSALMS 40:7

Then said I, Lo, I come: in the volume of the book it is written of me.

The moment it dawns on you that you are chosen to fulfil the purpose of God on earth, you will never allow yourself to get into some physical

conditions that a lot of people are in. At the very onset of your life's journey, it is good to make up your mind that you are not going to allow any difficulties to stop you in the way. Of course, seemingly insurmountable objects might confront you on your journey, but you must use them as stepping stones to greater heights of outstanding achievement.

The greater the prize, the more difficult the terrain to its achievement, but the good news is, difficulty always surrenders to diligence.

Life is a great university for the development of our spirit, soul and body. In other words, life is about growing. We are created to make a life, not a living. Anytime we are faced with difficult situations and say, "It is impossible, I can't handle it," we must realize that the strength, wisdom, courage and ability to succeed, overcome and live a victorious life is right within us. Our trouble is that, we see only the challenges before us but forget the power supply inherent within us.

Sometimes when we go through seemingly impossible situations, we say "Such is life!" But it is not life at all; it is part of life, whose full potential has been frustrated. The good news is that, we can always rise above limited experiences and move forward to a new beginning, if we really believe all things are possible with God, even if not with us. "*for with God nothing shall be impossible.*" (LUKE 1:37).

EPHESIANS 5:14

Wherefore he saith, awake thou that sleepest, and arise from the dead, and Christ shall give thee light.

Every one of us must come to himself and take the giant step in becoming the man or woman God has made us to be. This is what the Christian faith is all about.

This is the time to do what we ought to do, say what we ought to say, go where we ought to go, give what we ought to give, forsake what we ought to forsake and be who we ought to be, without fear of failure, ridicule or criticism. The bottom line is to be or become what God designed you to become. Because He has made you to be a human BEING; life is all about you being the reflection or the extension of His glory, love and power.